# **Frank Sinatra: Reinventing Music & Fame**

**Grade Level: 6-8**  
**Time: ~20 minutes**

### **Objective:**

Students will explore Frank Sinatra’s career, analyze how he shaped music and entertainment, and reflect on reinvention and resilience.

### **NJSLS Alignment:**

* **English Language Arts:** RL.6-8.2 (Determine central ideas and themes in a text)
* **Social Studies:** 6.1.8.D.2 (Analyze how individuals contribute to culture and society)

### **Step 1: Meet Frank Sinatra (5 min)**

Frank Sinatra’s music career had **many ups and downs**. He started as a teen idol, but after a few years, his popularity faded. Instead of giving up, Sinatra **reinvented himself**—he took on acting roles, refined his music style, and became a superstar again.

📌 **Fun Fact:**  
Sinatra won an **Academy Award** for acting in From Here to Eternity! Show a brief clip. Discuss how music and acting are related, why would a musician want to become an actor?

✏️ **Quick Question:**  
What does it mean to **“reinvent yourself”**? Why is that important?

### **🎶 Step 2: Music & Identity Challenge (10 min)**

**Your Challenge:**

* Listen to (or read the lyrics of) “That’s Life” or “My Way.”
* What do these songs say about Sinatra’s life?
* Write a short paragraph (4-5 sentences) about a time you **changed, adapted, or tried something new** to succeed.

💡 **Think About:**

* Why do you think people admire Sinatra’s ability to **adapt**?
* What does it take to make a **comeback**?

### **Step 3: Be Inspired! (5 min)**

Frank Sinatra **never let setbacks stop him**—he kept evolving and improving.

✏️ **Write long about:**  
What is something **new** you want to try? How can you **challenge yourself** to grow?

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