# Frank Sinatra: Reinventing Music & Fame

Grade Level: 6-8
Time: ~20 minutes

#### Objective:

Students will explore Frank Sinatra's career, analyze how he shaped music and entertainment, and reflect on reinvention and resilience.

## NJSLS Alignment:

- English Language Arts: RL.6-8.2 (Determine central ideas and themes in a text)
- Social Studies: 6.1.8.D.2 (Analyze how individuals contribute to culture and society)

#### Step 1: Meet Frank Sinatra (5 min)

Frank Sinatra's music career had **many ups and downs**. He started as a teen idol, but after a few years, his popularity faded. Instead of giving up, Sinatra **reinvented himself**—he took on acting roles, refined his music style, and became a superstar again.

#### **Fun Fact:**

Sinatra won an **Academy Award** for acting in *From Here to Eternity*! Show a brief clip. Discuss how music and acting are related, why would a musician want to become an actor?

## Quick Question:

What does it mean to "reinvent yourself"? Why is that important?

Step 2: Music & Identity Challenge (10 min)

#### Your Challenge:

- Listen to (or read the lyrics of) "That's Life" or "My Way."
- What do these songs say about Sinatra's life?
- Write a short paragraph (4-5 sentences) about a time you **changed**, **adapted**, **or tried something new** to succeed.

### **Think About:**

- Why do you think people admire Sinatra's ability to adapt?
- What does it take to make a comeback?

## Step 3: Be Inspired! (5 min)

Frank Sinatra **never let setbacks stop him**—he kept evolving and improving.

Nrite long about:

What is something **new** you want to try? How can you **challenge yourself** to grow?

Want to explore more about New Jersey legends? Visit the New Jersey Hall of Fame at American Dream!