**Gloria Gaynor: The Power of Resilience Through Music**

**Grade Level: 3-5**

**Time:** ~20 minutes  
**Objective:** Learn about Gloria Gaynor’s journey, the impact of music, and the theme of resilience.

**NJSLS Alignment:**

* **English Language Arts:** RL.3-5.2 (Determine central ideas and themes in a text)
* **Social Studies:** 6.1.5.C.14 (Understand how individuals contribute to culture)

**Instructions for Students**

**Step 1: Who is Gloria Gaynor? (5 min)**

Gloria Gaynor is a **singer from New Jersey** best known for her hit song **“I Will Survive.”** Her music became an **anthem of strength** for people facing challenges.

📌 **Fun Fact:**  
“I Will Survive” won the first-ever **Grammy Award for Best Disco Song** in 1980!

✏️ **Quick Question:**  
Why do you think music can help people feel strong and hopeful? Write 2-3 sentences.

**Step 2: Music & Resilience Challenge (10 min)**

📖 **Your Challenge:**

* Listen to (or read the lyrics of) **“I Will Survive.”**
* Think about the **message** of the song. How does it inspire people?
* Write 2-3 sentences about a time **you** overcame a challenge and how you stayed strong.

💡 **Think About:**

* What helped you during a difficult time?
* How does music make you feel better?

**Step 3: Be Inspired! (5 min)**

Gloria Gaynor’s story teaches us that **no matter what happens, we can keep going!**

✏️ **Write a paragraph about:**  
What song or activity helps you feel better when you’re having a tough day? Why?

📢 **Want to learn more about New Jersey’s greatest musicians? Visit the New Jersey Hall of Fame at American Dream!**